

## IOWA LAKES COMMUNITY COLLEGE NURSING PROGRAMS

We are happy to learn of your interest in the Nursing Programs at Iowa Lakes Community College. The Iowa Lakes Community College Nursing Program is organized on a "ladder concept". The ladder concept requires all students to successfully complete the first two semesters of the core curriculum. Students who wish to progress on to the ADN program must apply during the second semester. The application will be reviewed for admission according to the Associate Degree Nursing program criteria.

Students wishing to strengthen their academic base and/or complete the required arts and science courses before entering the nursing program may do so by applying to Iowa Lakes Community College, and enrolling in the Nursing Program prerequisite courses.

The **Practical Nursing (PN)** program is offered as a daytime option with both fall and spring entry at the Emmetsburg campus and as an evening/weekend option at the Spirit Lake and Algona campuses.

The Practical Nursing program consists of a two semester core curriculum for the daytime students or a three semester core curriculum for the evening/weekend students, followed by a final semester, which focuses on the role of the practical nurse. The evening/weekend option extends the length of the PN curriculum to four semesters following completion of the nursing arts and sciences courses.

Licensed practical nurses provide nursing care under the supervision of a registered nurse or physician in hospitals, long term care facilities, physicians' offices, and home health care agencies.

The **Associate Degree Nursing (ADN)** curriculum is offered as a full-time daytime option at the Emmetsburg campus and as an evening/weekend option at the Spencer and Algona campuses.

The ADN program consists of the first two semesters of the core curriculum, a semester of arts and science classes, and four additional nursing courses. These final four courses extend over two semesters in the daytime option and over four semesters in the evening/weekend option.

Registered Nurses who are graduates of ADN program provide nursing care utilizing the nursing process. They also carry out the prescribed orders of the physician in hospitals, long term care facilities, physicians' offices, home health care agencies, hospice, and other areas.

For persons holding a Registered Nurse (RN) license, The University of Iowa **Bachelor of Science in Nursing (RN-BSN)** program may be completed at the Iowa Lakes Community College campus in Spencer.

Registered Nurses who continue their education to obtain their Bachelor of Science in Nursing degree (BSN) have added skills in assessing, promoting and maintaining the health of individuals and groups, and may seek practice in a variety of settings.

## **MISSION STATEMENT**

The mission of the Nursing Program at Iowa Lakes Community College defines excellence in education by upholding the attitudes, knowledge, and skills necessary for entry level nurses in a dynamic health care system in order to prepare students in either the Practical or Associate Degree nursing role with the opportunity to progress into a baccalaureate degree nursing program.

## **PHILOSOPHY OF NURSING EDUCATION**

The philosophy of the Nursing Program at Iowa Lakes Community College reflects the mission of the College and its commitment to providing quality lifelong learning. The Nursing Program provides education that promotes the economic development of the community by preparing graduate nurses for employment as practical or registered nurses.

We believe health is:

- Holistic encompassing physical, emotional, spiritual and cultural components
- A dynamic process
- Achieved when individuals function at their maximum capabilities
- Compromised when a health need is unmet

We believe nursing is:

- A caring profession
- An art and applied science
- Identification of health needs
- A creative and dynamic discipline
- Compassionate and empathetic
- Collaborative and interdisciplinary
- Use of effective communication skills
- An evidence based practice
- Providing safe and efficient care
- Client focused
- A profession requiring critical thinking
- Application of unique language, knowledge and skills
- Utilization of the nursing process
- A profession with the core values of honesty, integrity, respect and accountability
- A practice that functions within legal and ethical parameters

We believe nursing education:

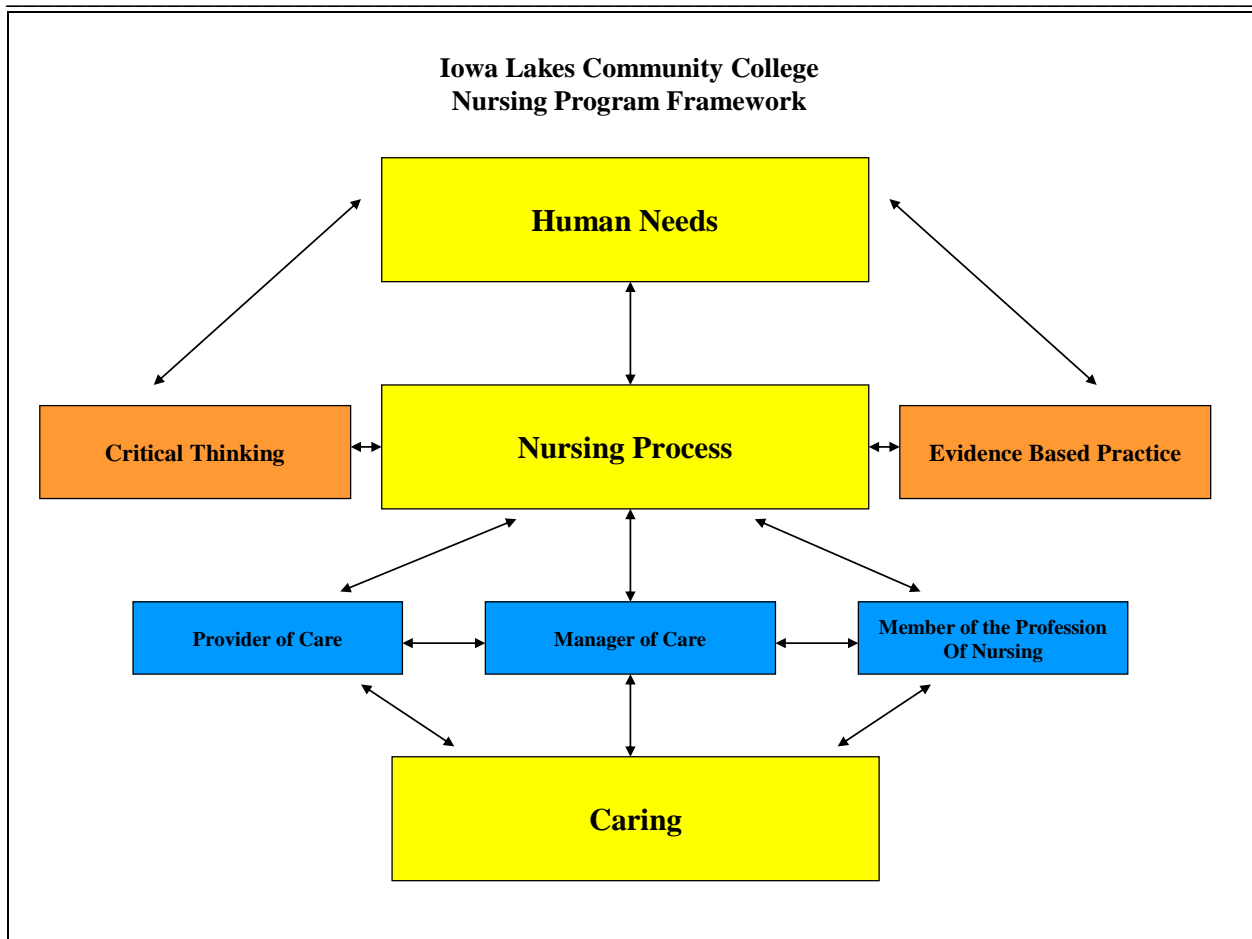
- Is a lifelong process
- Builds on the learner's knowledge and experiences
- Requires active learner participation
- Is interactive
- Fosters critical thinking and scientific inquiry

- Involves shared accountability for learning
- Moves conceptually from simple to complex
- Correlates theory and clinical practices
- Instills the core values of nursing

Revised 6-11-2008

## ORGANIZING FRAMEWORK OF THE CURRICULUM

Human needs, the nursing process, and caring are the three interrelated core concepts of the Iowa Lakes Community College nursing curriculum. Through the use of critical thinking and evidence based practice, the nurse determines and prioritizes care. The core concepts provide the framework to prepare students to function in three nursing practice roles: provider of care, manager of care, and member of the profession of nursing.



## **CURRICULUM STRANDS**

### Human Needs

Human needs are internal and external factors in the environment which impact an individual's health. Health involves the ability of the individual to balance physical, emotional, cultural, and spiritual needs. When this balance is disturbed, a human need may arise.

### Critical Thinking

Critical thinking is a self regulatory, continual complex process which involves the ability to anticipate or solve problems using creativity, intuition, logic, and analysis.

### Nursing Process

The nursing process is a systematic, multi-step, decision making approach used in selecting, organizing and delivering nursing care.

### Evidence Based Practice

Evidence based practice is the method of using current nursing research and standards to deliver the most effective and appropriate nursing care.

### Provider of Care

The provider of care role encompasses the practice of safe and competent care in a variety of health care settings. The nurse uses the nursing process as a basis for decision making. These decisions are characterized by critical thinking, effective communication, clinical competence, and a commitment to the value of caring.

### Manager of Care

The manager of care role involves directing, delegating, and evaluating care. The nurse functions as a client advocate and collaborates with the health care team to promote a positive and safe organizational environment.

### Member of the Profession of Nursing

Member of the profession of nursing role includes practicing ethically within the scope of the nurse practice act. The nurse actively participates in professional activities and organizations to facilitate life-long learning.

### Caring

Caring is the essence of nursing. The nurse displays caring behavior by recognizing and respecting all people and their individual differences.

## **PROGRAM OBJECTIVES**

1. Prepare students to meet Iowa Lakes Community College requirements for a diploma in Practical Nursing or an Associate of Applied Science Degree in Nursing.
2. Prepare students to write the licensure examination for practical nursing and/or registered nursing.
3. Prepare students for entry level practice.
4. Meet Iowa Board of Nursing accreditation standards.
5. Provide the structure that allows for articulation among educational levels from secondary through BSN.
6. Assist students in growth toward optimal potential.
7. Maintain a quality program that meets student and employer needs and reflects the current health care environment.

## **ACCREDITATION**

Iowa Lakes Community College is accredited by the Commission on Institutions of Higher Education of the North Central Association. The nursing program is approved by the Iowa Lakes Community College Board of Trustees, the State Board of Education, and the Iowa Board of Nursing.

## **EQUAL OPPORTUNITY STATEMENT**

It is the policy of Iowa Lakes Community College not to discriminate on the basis of gender, race, national origin, creed, age, marital status, or disability or any other characteristics protected by applicable law in its educational programs, activities, or employment policies as required by Title VI and VII of the 1964 Civil Rights Act, Title IX of the 1972 Educational Amendments, Section 504 of the Federal Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990.

Inquiries regarding compliance with Title IX, Title VI Title VII, or Section 504 may be directed to Kathy Muller, Affirmative Action Officer, Iowa Lakes Community College, 19 South 7th Street, Estherville, Iowa, 712-362-0433; to the Director of the Civil Rights Commission, Des Moines, Iowa; or to the Director of the Region VII Office of Civil Rights, Department of Education, Kansas City, Missouri. A formal discrimination complaint process is published in the Student Handbook, Faculty Handbook, Board Policies, and Administrative Procedures of the college.

## IOWA CORE PERFORMANCE STANDARDS FOR HEALTH CARE CAREER PROGRAMS

Iowa Community Colleges have developed the following Core Performance Standards for all applicants to Health Care Career Programs. These standards are based upon required abilities that are compatible with effective performance in health care careers. Applicants unable to meet the Core Performance Standards are responsible for discussing the possibility of reasonable accommodations with the designated institutional office. The successful student must be competent in math, be able to read and comprehend textbooks with speed and accuracy and have a strong foundation in the sciences. Before final admission into a health career program, applicants are responsible for providing medical and other documentation related to any disability and the appropriate accommodations needed to meet the Core Performance Standards. These materials must be submitted in accordance with the institution's ADA Policy.

CAPABILITY	STANDARD	SOME EXAMPLES OF NECESSARY ACTIVITIES (NOT ALL INCLUSIVE)
Cognitive-Perception	The ability to perceive events realistically, to think clearly and rationally, and to function appropriately in routine and stressful situations.	<ul style="list-style-type: none"> <li>• Identify changes in client/resident health status</li> <li>• Handle multiple priorities in stressful situations</li> </ul>
Critical Thinking	Critical thinking ability sufficient for sound clinical judgment.	<ul style="list-style-type: none"> <li>• Identify cause-effect relationships in clinical situations</li> <li>• Develop plans of care</li> </ul>
Interpersonal	Interpersonal abilities sufficient to interact appropriately with individuals, families and groups from a variety of social, emotional, cultural and intellectual backgrounds.	<ul style="list-style-type: none"> <li>• Establish rapport with clients/residents and colleagues</li> <li>• Demonstrate high degree of patience</li> <li>• Manage a variety of client/resident expressions (anger, fear, hostility) in a calm manner</li> </ul>
Communication	Communication abilities in English sufficient for appropriate interaction with others in verbal and written form.	<ul style="list-style-type: none"> <li>• Read, understand, write and speak English competently</li> <li>• Explain treatment procedures</li> <li>• Initiate health teaching</li> <li>• Document client/resident responses</li> <li>• Validate responses/messages with others</li> </ul>
Mobility	Ambulatory capability to sufficiently maintain a center of gravity when met with an opposing force as in lifting, supporting, and/or transferring a client/ resident.	<ul style="list-style-type: none"> <li>• The ability to propel wheelchairs, stretchers, etc., alone or with assistance as available</li> </ul>

CAPABILITY	STANDARD	SOME EXAMPLES OF NECESSARY ACTIVITIES (NOT ALL INCLUSIVE)
Motor Skills	Gross and fine motor abilities sufficient to provide safe and effective care and documentation.	<ul style="list-style-type: none"> <li>• Position clients/residents</li> <li>• Reach, manipulate, and operate equipment, instruments and supplies</li> <li>• Electronic documentation/ keyboarding</li> <li>• Lift, carry, push and pull</li> <li>• Perform CPR</li> </ul>
Hearing	Auditory ability sufficient to monitor and assess health needs.	<ul style="list-style-type: none"> <li>• Hears monitor alarms, emergency signals, auscultatory sounds, cries for help</li> <li>• Hears telephone interactions/ dictation</li> </ul>
Visual	Visual ability sufficient for observation and assessment necessary in client/resident care, accurate color discrimination.	<ul style="list-style-type: none"> <li>• Observes client/resident responses</li> <li>• Discriminates color changes</li> <li>• Accurately reads measurement of client/resident related equipment</li> </ul>
Tactile	Tactile ability sufficient for physical assessment, inclusive size, shape, temperature and texture.	<ul style="list-style-type: none"> <li>• Perform palpation</li> <li>• Performs functions of physical examination and/or those related to therapeutic intervention, e.g. insertion of a catheter</li> </ul>
Activity Tolerance	The ability to tolerate lengthy periods of physical activity.	<ul style="list-style-type: none"> <li>• Move quickly and/or continuously</li> <li>• Tolerate long periods of standing and/or sitting</li> </ul>
Environmental	Ability to tolerate environmental stressors.	<ul style="list-style-type: none"> <li>• Adapt to rotating shifts</li> <li>• Work with chemicals and detergents</li> <li>• Tolerate exposure to fumes and odors</li> <li>• Work in areas that are close and crowded</li> <li>• Work in areas of potential physical violence</li> </ul>

Reviewed Spring 2008

## **CRIMINAL RECORD/CHILD AND DEPENDENT ADULT ABUSE REGISTRY CHECKS**

Students enrolled in a nursing course with a clinical component will have Iowa criminal background and child and dependent adult abuse registry checks completed prior to beginning the nursing program. Students assigned to a clinical experience at a health care facility, home care agency or nursing home licensed by the Minnesota Department of Health will also be required to complete a Minnesota criminal background check. Any student who withdraws from the continuous progression of program courses, regardless of reason, must complete new background and child and dependent adult abuse registry checks prior to reentry into the nursing program.

The Iowa or Minnesota Department of Human Services have the final authority in determining whether prohibition of the student's involvement in a clinical experience is warranted. If the student is rejected for participation in a clinical experience or if the student refuses to submit to the registry checks, the student will be unable to complete the clinical courses, assignments, or graduate from the nursing program. It is the student's responsibility to report any criminal, child abuse or adult abuse charges pending against his/her record.

Furthermore, in compliance with 655 Iowa Administrative Code 2.5(5), students and prospective students are hereby notified that they may not take a nursing course with a clinical component if they have:

- a. been denied licensure by the board
- b. a license currently suspended, surrendered or revoked in any U.S. jurisdiction
- c. a license/registration currently suspended, surrendered or revoked in another country due to disciplinary action

Anyone applying for an Iowa nursing license is required to complete a federal criminal background check. According to Chapter 147.3 of the Iowa Board of Nursing Code has express authority to review the felony conviction of an applicant and may deny licensure to any applicant who has been convicted of a felony, which relates to the practice of nursing. An applicant is a person who has filed an application with the Board and who possesses all of the statutory requirements for the granting of a license. Persons who have not yet completed the prerequisites for filing an application, such as completion of a course of study approved by the Board, are not applicants.

The Board has no statutory authority to review the felony conviction of a student of nursing who has neither completed the nursing program approved by the Board nor filed an application with the Board.

Board staff are not authorized to preliminarily review the felony conviction and provide information regarding action.

## ADMISSION PROCESS

Admission to the Practical Nursing program is on a selective basis. Because of the academic demands of a curriculum that prepares graduates to take a national licensing exam (NCLEX) and to perform safe nursing care in clinical situations, applicants must meet certain academic standards for admission. Final acceptance of the applicant into the nursing program is granted based on the criteria listed below. The applicant will be notified in writing of the decision.

### **Application and Selection to the Practical Nursing Track/Core Curriculum**

Students are accepted into the Practical Nursing program only after meeting the following criteria:

1. Submit formal application to Iowa Lakes Community College Nursing Program.
2. Submit official high school/GED scores and/or college transcript(s) to Iowa Lakes Community College, Admissions Office, 3200 College Drive, Emmetsburg, IA 50536.
  - a. A high school diploma with minimum GPA of 2.5 or GED mean score of 550.
3. ACT or SAT composite score of:
  - a. 14 or higher if taken before November 1, 1989
  - b. 17 or higher if taken after November 1, 1989
  - c. SAT score of 830 (Verbal + Math score)
  - d. A student has the option of retaking the ACT/SAT to achieve the required score.
  - e. If applicant has earned a bachelors degree or higher with a cumulative GPA of 2.5, the ACT requirements for entry into core nursing track courses may be waived.
4. Basic skills assessment in writing, reading and mathematics will be done with every entering student at Iowa Lakes Community College. Based on the following individual ACT scores, an applicant will be required to complete ASSET/COMPASS testing:
  - a. ACT Math is less than 19 **OR**
  - b. ACT Reading is less than 15 **OR**
  - c. ACT Writing is less than 17
5. Based on the assessment scores, a student may be required to take developmental courses to strengthen skills in reading, writing, or mathematics. These developmental courses can be taken along with other college level courses with the exception of Composition I and Math for Liberal Arts. Development courses **must be completed before entering core nursing courses.**
6. A student who does not have the minimum ACT/SAT composite score **OR** the minimum high school GPA or GED score may be considered for admission if he/she completes a minimum of six (6) semester credits of the Practical Nursing program prerequisites and Arts & Sciences courses with a GPA of at least 2.5. These courses include: College Chemistry I and Lab, Anatomy & Physiology I, Anatomy & Physiology II, Human Growth and Development, Normal Nutrition, or Composition I. The student is required to contact the nursing program to request a review of the student's application and transcripts at the end of the completed semester.
7. Applicants must participate in a nursing program information/advisement session. Information will be provided about the nursing program admission and curriculum requirements.
  - a. Students can schedule information/advisement session with the Admissions Office in Emmetsburg at 800-346-6018, ext. 5212 or 712-852-5212.

### **Practical Nursing Track/Core Prerequisites**

1. Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. A student must be active on the Direct Care Worker Registry. Challenge scores will not be accepted. Documentation must include:
  - a. skills checklists OR continuing education transcripts
  - b. Direct Care Worker Registry card
2. Students must successfully complete two semesters of high school chemistry (with a grade of C or higher) or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher is required.
3. Students must successfully complete one year of high school algebra (with a grade of C or higher) or a three credit college math course (Math for Liberal Arts) with a grade of C or higher is required.

## **PRACTICAL NURSING OUTCOMES**

The graduate of the practical nursing program is prepared to carry out three interrelated roles in nursing: provider of care, manager of care, and member within the discipline of nursing.

### Provider of Care

1. Provides holistic care for individuals with non-complex needs in structured health care settings under supervision of a licensed health care member.
2. Utilizes basic critical thinking skills and evidence based practice in application of the nursing process to an established plan of care.
3. Demonstrates effective communication skills.
4. Displays caring behavior by recognizing and respecting all people and their individual differences.
5. Implements established teaching plans.

### Manager of Care

1. Promotes and maintains a safe, cost-effective practice and environment for clients, self, and health team members.
2. Collaborates interdependently with health care team to facilitate effective client care and promote a positive organizational environment.
3. Displays accountable and responsible professional behavior.
4. Actively participates as a client advocate.

### Member of the Profession of Nursing

1. Applies knowledge and skills within the scope of practical nursing practice.
2. Uses legible, well-organized, and comprehensible written communication skills.
3. Demonstrates academic achievement of the practical nursing curriculum.
4. Participates in professional activities and organizations to facilitate life-long learning.

## Recommended Curriculum for

Program Name: **Practical Nursing**  
 Program: **Fall Entry Program**  
**Spring Entry Program**  
 Credits: **43**

FRESHMAN – 1 <sup>st</sup> Semester			FRESHMAN – 2 <sup>nd</sup> Semester		
Core/PN Program Requirements		Credits	Core/PN Program Requirements		Credits
HSC186 PSY121	Human Growth & Development or Developmental Psychology	3	BIO173	Anatomy & Physiology II and Lab	4
HSC163 BIO151	Normal Nutrition	3	PNN421	Maternal & Newborn Nursing	2
BIO168	Anatomy & Physiology I and Lab	4	PNN631	Adult & Child Health Nursing	9
PNN141	Fundamentals of Nursing Skills Lab	4	PNN632	Nursing Care Through the Lifespan Clinical	3
PNN722	Fundamentals of Nursing Clinical	2			
PNN101	Math for Health Professionals	1			
<b>Total Credits – 1<sup>st</sup> Semester</b>		<b>17</b>	<b>Total Credits – 2<sup>nd</sup> Semester</b>		<b>18</b>

3 <sup>rd</sup> Semester		
PN Program Requirements		Credits
ENG105	Composition I (English Comp I)	3
PNN345	Dimensions of Practical Nursing	2
PNN721	Dimensions of Practical Nursing Clinical	3
<b>Total Credits – 3<sup>rd</sup> Semester</b>		<b>8</b>

Required Courses that may be Taken Prior to Admission to the Practical Nursing or Associate Degree Nursing Tracks	Courses Requiring Admission to the Practical Nursing or Associate Degree Nursing Tracks
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**Prerequisites:**

1. Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. A student must be active on the Direct Care Worker Registry. Challenge scores will not be accepted. Documentation must include:
  - a. skills checklists OR continuing education transcripts
  - b. Direct Care Worker Registry card
2. Students must successfully complete two semesters of high school chemistry (with a grade of C or higher) or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher is required.
3. Students must successfully complete one year of high school algebra (with a grade of C or higher) or a three credit college math course (Math for Liberal Arts) with a grade of C or higher is required.

**Unique Characteristics of Program:**

1. Arts and Science courses may be taken prior to beginning nursing program core courses. Each semester of nursing track/core courses must be taken in sequence. These courses must be completed with at least a "C" or "P" in classroom/clinical courses to advance to the next semester of core nursing courses.
2. If a student fails to successfully complete a classroom or clinical course, the failed course and corresponding classroom/clinical course must be repeated. The exception to this is the Maternal & Newborn Nursing course in the second semester Practical Nursing curriculum.
3. In the evening/weekend PN option the core curriculum will extend over four semesters.
4. The third semester listed above is for students completing the PN program. Students who have been accepted to the ADN program must take courses outlined in the third semester of the core ADN curriculum.

### **Application and Selection to Associate Degree Nursing Track – Current PN Students**

1. Students do not automatically proceed to the second year (ADN) program.
2. Application Form Process:
  - a. The Director of Nursing and Health Education and ADN Coordinator will speak to the students at the beginning of the second semester of the core Practical Nursing program.
  - b. The student submits the “Application To Associate Degree Nursing From Practical Nursing Program” form to the Director of Nursing and Health Education after this presentation.
  - c. The application deadline is two weeks before the Iowa Lakes Community College Last Day to Apply for Graduation.
3. Students will be accepted to the ADN program based on the following criteria:
  - a. ACT or SAT composite score of:
    - 1) 18 or higher if taken before November 1, 1989
    - 2) 20 or higher if taken after November 1, 1989
    - 3) SAT score of 950 (Verbal + Math Score)
  - b. GPA for first semester core courses of 2.75
    - 1) This GPA is calculated by using the grades of the first semester courses which include: Human Growth and Development, Normal Nutrition, Anatomy and Physiology I and Lab, Fundamentals of Nursing Skills Lab, and Mathematics for Health Professionals.
  - c. Fundamentals of Nursing Skills Lab final grade and Fundamentals of Nursing Clinical summative evaluation score of 80% or greater.
  - d. Consideration will be given to students who have achieved a lower ACT with a higher GPA or a higher ACT with a lower GPA. The following criteria will be used:
    - 1) 25 and above ACT + 2.25 GPA
    - 2) 24 ACT + 2.35 GPA
    - 3) 23 ACT + 2.45 GPA
    - 4) 22 ACT + 2.55 GPA
    - 5) 21 ACT + 2.65 GPA
    - 6) 20 ACT + 2.75 GPA
    - 7) 19 ACT + 3.00 GPA
    - 8) 18 ACT + 3.25 GPA
4. Students not meeting the ADN admission criteria have the following options:
  - a. Students not meeting the ACT criteria may retake their ACT before the end of the second semester.
  - b. Students not meeting the first semester GPA criteria can request that their second semester grades be reviewed. Their GPA will be recalculated using the combined first and second semester grades.
  - c. Students not achieving the 80% criteria in Fundamentals of Nursing Skills Lab but achieves a final grade of 80% or better in Adult and Child Health Nursing, Maternal and Newborn Nursing, and Nursing Care Through the Lifespan Clinical, admission into the ADN program may be granted.
  - d. Students not meeting ADN criteria at the end of the second semester must successfully complete the third semester of the Practical Nursing Program (Dimensions of Practical Nursing and Dimensions of Practical Nursing Clinical) and become licensed as a practical nurse before reapplying to the ADN program.

- e. If a PN student admitted to the ADN program does not start classes with the cohort for which they have been accepted, they must re-apply as an LPN applicant.

### **Application and Selection to Associate Degree Nursing Track as a LPN Applicant or Applicant From Another PN Nursing Program.**

1. Complete application to the ADN Nursing Program.
2. Submit official high school/GED scores and college transcript(s) to Iowa Lakes Community College, Admissions Office, 3200 College Drive, Emmetsburg, IA 50536.
  - a. A high school diploma with minimum GPA of 2.5 or GED mean score of 550.
3. Complete the NET exam with a score of 60 or greater. *This exam may be taken only twice.*
  - a. Arrange to take this exam by contacting the Emmetsburg Success Center at 800-242-5108 ext. 5275.
  - b. A review book can be purchased through the Iowa Lakes Bookstore.
4. Submit a reference letter from an employer or from a faculty member at a previously attended practical nursing program. This letter should address the following areas:
  - a. applicant's utilization of nursing process, critical thinking and skill techniques
  - b. applicant's ability to learn new procedures
  - c. applicant's attendance, punctuality, and dependability
5. Submit evidence of current LPN license or if a transfer student must submit a license prior to taking any ADN nursing courses.
6. Transfer credits in Arts & Science courses must meet Iowa Lakes Community College nursing curriculum requirements. If credits are insufficient, additional course work must be completed in order to meet these credit requirements.

### **Transfer Courses**

1. An official college transcript must be critiqued by the Registrar to assure content covered is comparable to Iowa Lakes' courses. If content is not similar, students will be required to take additional course work to meet Iowa Lakes' requirements. In order for a course to transfer into the Nursing Program curriculum, it must have been completed with a minimum grade of a "C".
2. If a student wishes to transfer to The University of Iowa BSN program and take Option 1 upon completion of the ADN program at Iowa Lakes Community College, transfer Arts and Science credits must meet the exact credit requirements of Iowa Lakes Community College.

### **Associate Degree Nursing Track Prerequisites**

1. Two semesters of high school chemistry (with a grade of C or higher) or a four credit college chemistry (College Chemistry I and Lab) with a grade of C or higher is required prior to entering the ADN program.
2. Students must also successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of C or higher.
3. Students who have completed a LPN program other than at Iowa Lakes Community College must meet Iowa Lakes Community College course competencies.

### **Associate Degree Nursing NCLEX-PN Requirement**

All ADN students are required to take the NCLEX-PN exam. Results must be available before the start of the fifth ADN semester. Students must successfully pass the NCLEX-PN exam in order to proceed to the fifth ADN semester. A copy of the license must be turned into the Nursing Office before the beginning of the fifth semester.

## **ASSOCIATE DEGREE NURSING OUTCOMES**

The graduate of the associate degree program is prepared to carry out three interrelated roles in nursing: provider of care, manager of care, and member within the discipline of nursing.

### **Provider of Care**

1. Identifies health needs, plans and provides holistic care for individuals, families, and small groups in varied health care settings.
2. Utilizes critical thinking skills and evidence based practice in the initiation and implementation of the nursing process.
3. Implements therapeutic communication/interactions with individuals and small groups.
4. Demonstrates caring behavior by recognizing and respecting all people and their individual differences.
5. Identifies age specific learning needs of clients, families, and groups by initiating and implementing individualized teaching plans.

### **Manager of Care**

1. Promotes and maintains a safe, cost-effective practice and environment for clients, self, and other health team members.
2. Independently demonstrates beginning ability to direct, delegate and evaluate.
3. Displays accountable and responsible professional behavior.
4. Actively participates as a client advocate.
5. Collaborates with the health care team to promote a positive organizational environment.

### **Member of Profession of Nursing**

1. Applies knowledge and skills within the scope of registered nursing practice.
2. Uses legible, well organized, and comprehensible written communication skills.
3. Demonstrates academic achievement of the associate degree nursing curriculum.
4. Participates in professional activities and organizations to facilitate life-long learning.

**Recommended Curriculum for**

*Program Name:* **Associate Degree Nursing**

*Credits:* **86**

<b>FRESHMAN – 1<sup>st</sup> Semester</b>		
<b>Core/PN Program Requirements</b>		<b>Credits</b>
HSC186	Human Growth & Development or	3
PSY121	Developmental Psychology	
HSC163	Normal Nutrition	3
BIO151		
BIO168	Anatomy & Physiology I and Lab	4
PNN141	Fundamentals of Nursing Skills Lab	4
PNN722	Fundamentals of Nursing Clinical	2
PNN101	Math for Health Professionals	1
<b>Total Credits – 1<sup>st</sup> Semester</b>		<b>17</b>

<b>FRESHMAN – 2<sup>nd</sup> Semester</b>		
<b>Core/PN Program Requirements</b>		<b>Credits</b>
BIO173	Anatomy & Physiology II and Lab	4
PNN421	Maternal & Newborn Nursing	2
PNN631	Adult & Child Health Nursing	9
PNN632	Nursing Care Through the Lifespan Clinical	3
<b>Total Credits – 2<sup>nd</sup> Semester</b>		<b>18</b>

<b>3<sup>rd</sup> Semester</b>		
<b>ADN Program Requirements</b>		<b>Credits</b>
ENG 105	Composition I (English Comp I)	3
SOC110	Introduction to Sociology	3
PSY111	Introduction to Psychology	3
BIO186	Microbiology and Lab	4
SPC101	Fundamentals of Oral Communication (Speech) (Maybe taken at any time in the curriculum)	3
<b>Total Credits – 3<sup>rd</sup> Semester</b>		<b>16</b>

<b>SOPHOMORE – 4<sup>th</sup> Semester</b>		
<b>ADN Program Requirements</b>		<b>Credits</b>
ADN501	Nursing Interventions in Adult Health I	7
ADN502	Nursing Interventions in Adult Health I Clinical	2
ADN461	Nursing Interventions in Mental Health	6
OR		
ADN401	Nursing Interventions in Maternal/Child Health	6
ADN462	Nursing Interventions in Mental Health Clinical	2
OR		
ADN402	Nursing Interventions in Maternal/Child Health Clinical	2
<b>Total Credits – 4<sup>th</sup> Semester</b>		<b>17</b>

<b>SOPHOMORE – 5<sup>th</sup> Semester</b>		
<b>ADN Program Requirements</b>		<b>Credits</b>
ADN506	Nursing Interventions in Adult Health II	8
ADN507	Nursing Interventions in Adult Health II Clinical	2
ADN461	Nursing Interventions in Mental Health	6
OR		
ADN401	Nursing Interventions in Maternal/Child Health	6
ADN462	Nursing Interventions in Mental Health Clinical	2
OR		
ADN402	Nursing Interventions in Maternal/Child Health Clinical	2
<b>Total Credits – 5<sup>th</sup> Semester</b>		<b>18</b>

Required Courses that may be Taken Prior to Admission to the Practical Nursing or Associate Degree Nursing Tracks	Courses Requiring Admission to the Practical Nursing or Associate Degree Nursing Tracks
Courses must be taken before the 4 <sup>th</sup> semester of the ADN Program	Courses taken either 4 <sup>th</sup> or 5 <sup>th</sup> semester

**Prerequisites:**

1. Two semesters of high school chemistry (with a grade of “C” or higher) or a four credit college chemistry (College Chemistry I and Lab) with a grade of “C” or higher is required prior to entering the nursing program.
2. Students must also successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of “C” or higher.
3. Students who have completed a LPN program other than at Iowa Lakes Community College must meet Iowa Lakes Community College course competencies.

**Unique Characteristics of Program:**

1. Arts and Science courses may be taken prior to beginning nursing program core courses. Each semester of nursing track/core courses must be taken in sequence. These courses must be completed with at least a “C” or “P” in classroom/clinical courses to advance to the next semester of core nursing courses.
2. If a student fails to successfully complete a classroom or clinical course, the failed course and corresponding classroom/clinical course must be repeated. The exception to this is the Maternal & Newborn Nursing course in the second semester Practical Nursing curriculum.
3. In the evening/weekend option the final two semesters of the ADN curriculum are extended over four semesters.

## **GUIDELINES FOR REENTRY TO THE NURSING PROGRAMS**

Students who do not progress through the curriculum on a continuous basis are considered to be a reentry student. This may include students who are unsuccessful academically or who choose to sit out one or more semesters for personal reasons.

1. A reentry student must request to return to the Nursing Program by contacting the Director of Nursing and Health Education *in writing*. The student must provide the following information:
  - a. factors resulting in the need for this reentry
  - b. identify the semester/year and campus of reentry
  - c. plan for successful completion
  - d. if a student is out for more than one semester (not including the summer semester) a new application to the college must be submitted
2. Send the above information to:  
Bernadette Wise, RN, MSN  
Director of Nursing and Health Education  
Iowa Lakes Community College  
3200 College Drive  
Emmetsburg, Iowa 50536  
E-mail: [bwise@iowalakes.edu](mailto:bwise@iowalakes.edu)
3. Request for reentry will be reviewed by Director of Nursing and Health Education. A Reentry Success Planning Contract will be developed by the Success Planning Committee and the student.
4. The student must sign the contract and comply with all terms. Failure to comply with the contract will result in dismissal from the program.
5. The Nursing Program Admission Committee reserves the right to deny reentry to any student. Reentry is dependent on availability of classroom and clinical space.
6. A student may repeat each nursing course only once.
7. Students accepted to the ADN program and unsuccessful in the second semester of the core curriculum need to submit a new application to the ADN program.

## **GUIDELINES FOR PLACING APPLICANTS ON ACCEPTED AND ALTERNATE LIST**

When the number of accepted applicants exceeds available positions in the nursing program, positions will be filled chronologically from the earliest file completion date to the latest date. File completion is defined as the date when all items are in the file. If more than one file is completed on the same date, the application date will be used in determining status. When all available positions are filled, additional accepted applicants are placed on an alternate list and may be moved into the program as positions become available. Alternates will be given priority for next entry date and automatically placed on the list.

## OTHER PROGRAM REQUIREMENTS

1. Students new to Iowa Lakes Community College Nursing Program will attend a Nursing Program orientation before the beginning of either the Practical or Associate Degree Nursing programs. At this time students will meet with the nursing faculty, register for classes, and receive information about the upcoming year.
2. After acceptance into the nursing program but before clinical starts the student will need to schedule a physical examination with their own physician. A form will be provided on the day of nursing orientation. The student will also be required to include a record of completed and up to date immunizations.
3. The student will also be required to hold a current AHA (American Heart Association) CPR card (for health care providers). **It is the student's responsibility to stay current throughout the nursing program.**

## PROGRAM GUIDELINES

Recruitment materials and practices accurately reflect the policies and functioning of the nursing program.

Nursing faculty reserve the right to remove a student from the classroom or clinical unit. Reasons for removal may be but are not limited to: health, performance, attendance, integrity, safety, breach of confidentiality, attitude, or unprofessional behavior. The matter will be referred to the Success Planning Committee. The committee will review the situation and make a decision with dismissal as a possibility. This decision may be appealed by the student following the Iowa Lakes Community College appeals process. The Chief Academic Officer and the Executive/Campus Dean of the respective campus the student is attending will be notified.

The Nursing Program Admission Committee reserves the right to deny readmission to any student determined to pose a safety risk to clients.

Current student files are housed in the office of the Director of Nursing Education and Health Careers. See Iowa Lakes Community College Student Handbook for Right to Review procedure. All student files will be held for five years.

Students entering the nursing program are required to purchase a copy of the Nursing Program Student Handbook. Students will sign a statement acknowledging they are responsible for the information in the handbook.

Students are provided class schedules and clinical rotation sites and schedules. Changes may occur and will be brought to the student's attention as soon as possible in advance of the experience. Clinical experiences are planned by the faculty in accordance with the curriculum objectives and based on available clinical experiences.

Each student will be considered a member of a nursing club. The purpose of the clubs is to foster professional development. Club officers are elected along with two class representatives.

Nursing students are expected to respect the rights of clients, including the right to confidentiality. Failure to do so may be grounds for dismissal from the program.

Upon completion of the program written reference information will be released to a prospective employer only upon written request of the student.

## **CLINICAL EXPERIENCE**

A primary strength of community college nursing education is that students, early in their education, begin applying in the clinical setting what they have learned in the classroom. Clinical experiences take place at area hospitals and nursing homes. Nursing faculty instruct, supervise and evaluate students delivering nursing care to assigned clients/residents. Additional experiences occur at physician's offices, community and home health agencies at various mental health and maternal-child health agencies.

## **HEALTH AND WELFARE OF STUDENTS**

1. A physical exam is required at the beginning of the program. A new physical exam will be required every three years. Completed physical and immunization forms will be submitted at an assigned time prior to clinical. If the forms are not complete the student may not return to class and attend clinical experiences until all data is completed.
  - a. TB Testing: A Mantoux within the last six months prior to entry is required. If not, the student will be responsible for obtaining the Mantoux test. Mantoux testing is required annually. Individuals with a positive Mantoux test must submit a health care provider's evaluation of their TB status and a statement approving them for client contact before attending clinical/practicum experiences. This evaluation with a doctor's statement must be repeated yearly. TB testing will be waived per doctor's statement if pregnant or breast feeding. Documentation of test results will be required following pregnancy or breast feeding.
  - b. Immunizations
    - 1) MMR
      - a) Measles (Rubeola): A student receiving measles injections after January 1, 1957, must have two injections with live measles vaccine at least one month apart with the second dose after the age of 15 months.
      - b) Mumps: If less than 65 years of age, a student must provide documentation of two MMRs or the date and results of a mumps titer. If the titer indicated non-immunity, documentation of two MMRs given one month apart must be submitted.
      - c) Rubella: A student born on or after January 1, 1957, must have received one injection of Rubella vaccine or have a positive Rubella titer. If born before January 1, 1957, a student must provide proof of positive immunity with a documented titer.
    - 2) Tetanus/Diphtheria: A student must show proof of a Td immunization within the last ten years.
    - 3) Chicken Pox (Varicella): A student must provide verification of having had the disease or having received the vaccination.

- 4) Hepatitis B
  - a) It is recommended that students receive the Hepatitis B vaccine. Students should discuss the need for the Hepatitis B vaccine with their health care provider and then decide whether or not they should receive the vaccine. Iowa Lakes Community College and the Nursing Program encourage nursing students to receive the Hepatitis B vaccine for their own protection.
  - b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
- 5) Meningitis
  - a) It is recommended that students receive the Meningitis vaccine. Information regarding the vaccine can be found in the Iowa Lakes Community College Student Handbook and Planner. All nursing students must receive Meningitis information, and indicate that the information was made available to them. After having read this information, the student should discuss the vaccination with their health care provider and then decide whether or not they will receive the Meningitis vaccine. Iowa Lakes Community College and the Nursing Program encourage nursing students to receive the Meningitis vaccine for their own protection, however the vaccine is not required.
  - b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
- 6) Influenza
  - a) Students must show documentation of influenza vaccine after October 1<sup>st</sup>. Student must show proof on a yearly basis.
  - b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
2. It is the student's responsibility to inform PN or ADN Coordinator and individual clinical instructor regarding any limitations/conditions, for example, back problems or pregnancy restrictions. The student must sign a "Waiver of Liability" which describes prescribed limitations while engaging in the classroom and/or clinical activities.
3. The Iowa Department of Health guidelines will be followed relating to issues of communicable disease.
4. During the program, each student is responsible for his or her own physical well-being and will make personal contact with a health care provider of his or her choice when necessary.
5. Iowa Lakes Community College does not purchase or carry health and/or accident insurance on students. Information on purchasing a health and/or accident insurance policy from a private vendor is available in the Campus Business Office. Iowa Lakes Community College nor its employees or representatives will be responsible for medical bills if/when they advise a student to seek medical attention for an illness or injury.
6. Iowa Lakes Community College does not carry insurance to cover the theft of student's personal property. Therefore, neither Iowa Lakes Community College nor its employees or representatives will be responsible for the loss of student personal property by theft, fire, or any other means. Students are encouraged to obtain insurance for their personal property from their private insurance agency.

7. In the event that exposure to blood or body fluids via needle stick/sharps should occur in the clinical/practicum setting, the student will follow the institution policy where the incident occurred. Iowa Lakes Community College Workers' Compensation program will cover the expenses of testing/treatment as with any accident.
8. It is recommended that the student work only limited hours prior to the scheduled classroom hours. A student may not work within eight hours prior to a scheduled clinical shift. It is also recommended that students avoid scheduling additional courses that conflict with classroom/clinical preparation. Rationale: A student who does not have adequate rest or preparation prior to clinical may jeopardize client safety, as well as college relations with the clinical facilities.
9. Iowa Lakes Community College is considered a 'government' building and will comply with the new state of Iowa law concerning tobacco use effective July 1, 2008, for all college property including the parking lots and grounds. For more information call 888-944-2247 or visit [www.IowaSmokefreeAir.gov](http://www.IowaSmokefreeAir.gov). NO SMOKING Pursuant to the Iowa Smokefree Air Act. Smoking is also not permitted during any clinical experience.

### **SUPPLEMENTAL INFORMATION**

1. The following items will be necessary for clinical/practicum experiences
  - a. Student uniform: Complete uniform includes student royal blue uniform scrub/tunic top with Iowa Lakes' student nursing logo on right sleeve, white uniform pants (without elasticized or sleeve type legs), trousers, or skirt. The uniform skirt must be knee length. White shoes and white hose or plain non-decorated white socks are to be worn. Shoes must have at least a strap on the back. The shoes must not have any large air vents.
  - b. Watch: Must have second hand or readout for seconds.
  - c. Name pin: Ordered after entry into the program.
  - d. Stethoscope
2. Books and supplies
  - a. Textbooks will be purchased upon entering the program. Used books may be purchased, but a student must be sure he/she is purchasing the current edition being used.
3. Other services
  - a. Information regarding housing, financial aid, and career counseling may be obtained from the Admissions Office. A college dormitory is available for housing on Emmetsburg, Estherville, and Spencer campuses. Rooms and apartments are available within the local communities.
4. Malpractice insurance is purchased for the students by Iowa Lakes Community College.
5. Students must appear neat and well groomed at all times. Normal street attire may be worn during classroom hours.
6. Any student having a name, residence, or telephone number change after initial application, must notify the business office, records office, and Director of Nursing Education and Health Careers to ensure accuracy of personal records.